



CBI
COMMUNITY BRIDGES, INC.

*2012
Annual Report*

mission & purpose

CBI's mission is to maintain the dignity of human life.

Our purpose is to be an agent of positive change in our communities.

where we serve



Community Bridges, Inc. (CBI) was incorporated as a private non-profit, 501(c)(3) organization in 1982 and has a 31-year history of providing comprehensive, medically integrated behavioral health programs which include prevention, education and treatment services using cutting edge, nationally recognized treatment models throughout Arizona.

Today, we are one of the largest statewide providers offering fully integrated medical and behavioral health care in 14 communities in Maricopa, Pinal, Gila, Yuma, Navajo, Apache and Cochise Counties by providing a continuum of care that begins with prevention and continues for individuals and families through treatment and recovery. During the past four years, CBI has transformed recovery of those we serve holistically and more effectively, by delivering direct physician and nurse practitioner services, both on-site in Maricopa County, and through telemed to each of our service locations throughout Arizona.

CBI operates 29 programs throughout Arizona that are all licensed by the Arizona Department of Health Services-Division of Behavioral Health. Our prevention and clinical programs are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). Early in 2012, CBI received another 3 year accreditation cycle, adding 14 NEW clinical programs to our list of services.

During FY 11/12, CBI provided an agency-wide Recovery Oriented System of Care to over 48,000 men and women throughout Arizona. Our prevention and community education programs reached over 20,000 youth and adults. CBI provides these services without regard to race, creed, gender, ethnicity, physical limitations, or the individual's ability to pay.

2012 leadership



Dr. Frank Scarpati
President/CEO
Since 1996

The Governance structure of CBI includes a Board of Directors that is a strongly committed group of private citizens who monitor and guide CBI's growth. Under the direction of our Board and President/CEO, a strategic plan was developed and a process set in place within CBI to expand the capacity of the Arizona behavioral healthcare system by developing best practice programs in a measured response to the community's requests for needed services.

Executive Board Members



Michael Whalen
President
Business Owner
Centurian Security
Member since 1998



Kerry Ramella
Vice President
Community Assistance Program Manager
Phoenix Fire Department
Member since 2009



Chief John Meza
Secretary
Assistant Chief of Police
Mesa Police Department
Member since 2007



Chief Larry Rodriguez
Treasurer
Chief of Police
City of Tolleson
Member since 2009

Operational Board Members



Commander Christine DeSanti
Police Commander
City of Glendale
Member since 2011



Kathleen Kelly
Retired
City of Mesa
Member since 2009



Chief Kevin Kotsur
Chief of Police
City of Avondale
Member since 1998



Kirsten Lundell
President
Brock Supply Co.
Member since 2005



Judge Kyle Jones
Contractor
Former City of Mesa Vice Mayor
Member since 2009



David Shumway
Psychotherapist
Mesa Counseling Center
Member since 1985



Melissa Brickhouse-Thomas
Victim Assistance Coordinator
Glendale Police Department
Member since 2012

Advisory Board Members

Honorable Fulton Brock
Maricopa County Supervisor

Chief Greg T. Fowler
Chief of Police, Northern Arizona University

Honorable Tom Freestone
Retired Arizona State Senator

Honorable Karen Johnson
Retired Arizona State Senator

Honorable Michael Johnson
Phoenix City Councilman

Honorable John Ore
Justice of the Peace

Honorable Don Stapley
Maricopa County Supervisor

financial report

Economic impact / FY 11/12

CBI runs an effective administrative operation, at or below, 8% of its total operating budget. In FY 12/13, our projected operating budget is \$42,660,000.

Our economic impact in Arizona is far reaching. CBI employs over 700 employees and provided 48,476 admissions for our clinical programs and served over 20,000 youth and adults through prevention services during FY 11/12.

Contracts with Regional Behavioral Health Authorities (T/RBHA's):

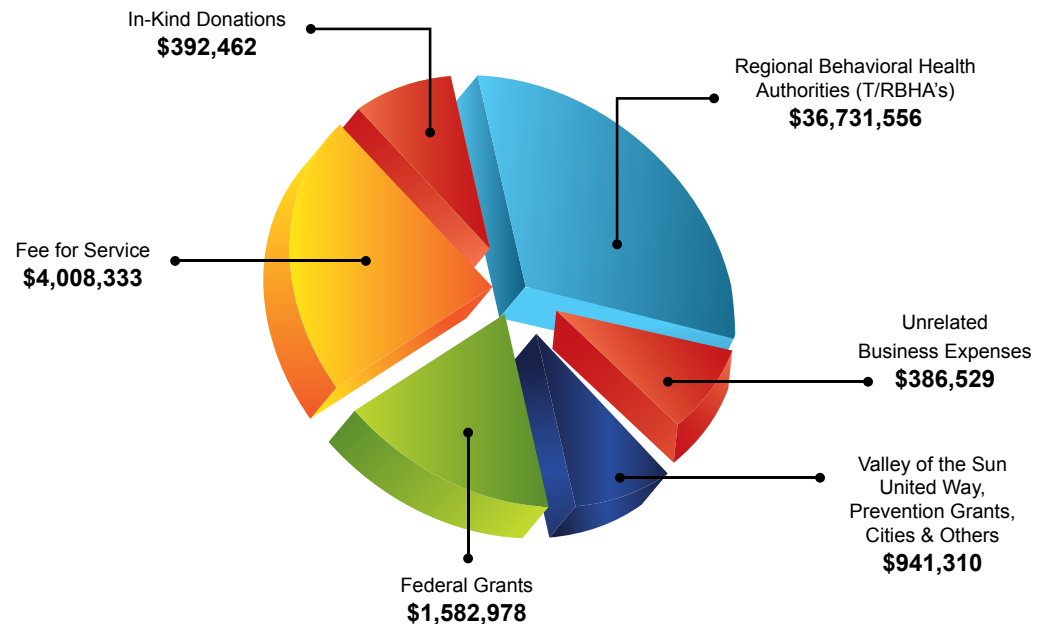
- Magellan Health Services of Arizona
- Cenpatico Behavioral Health of Arizona
- Community Partnership of Southern Arizona (CPSA)
- Northern Arizona Regional Behavioral Health Authority (NARBHA)
- Navajo Nation
- Gila River Indian Community
- White Mountain Apache Tribe
- Pascua Yaqui Tribe

Additional Program Funding:

- Substance Abuse and Mental Health Services Administration (SAMHSA)
- AZ Department of Economic Security (DES)
- AZ Department of Health Services (ADHS)
- Housing and Urban Development (HUD)
- Valley of the Sun United Way (VSUW)
- The Governor's Office for Children, Youth and Families
- Maricopa County Justice Court
- The Cities of Mesa, Tempe, Scottsdale, Chandler, Avondale and Gilbert
- Veteran's Administration

In addition to the above, CBI contracts with over 20 private health plans.

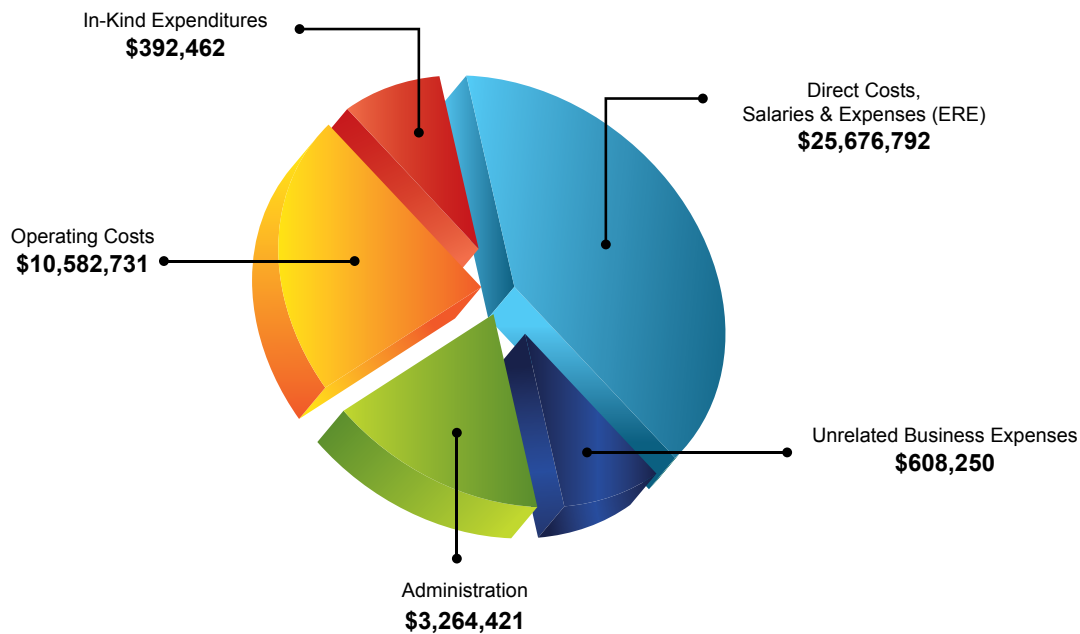
Revenue \$44,043,168



The Navajo Nation



Expenses \$40,524,656



Professional Affiliations

- Alliance of Arizona Nonprofits
- American Society for Addiction Medicine (ASAM)
- American Counseling Association
- Arizona Association of Alcoholism and Drug Abuse Counselors
- Arizona Coalition to End Homelessness
- Arizona Council of Human Service Providers
- Chambers of Commerce: *Avondale, Benson, Casa Grande, Gilbert, Glendale, Globe, Holbrook, Mesa, Payson, Phoenix, Winslow & Yuma*
- Community Anti-Drug Coalitions of America (CADCA)
- East Valley Partnership
- Maricopa Association of Governments (MAG)
- Maricopa Consumers, Advocates & Providers (MCAP)
- National Council for Behavioral Health
- The Association for Addiction Professionals (NAADAC)
- Organization for Nonprofit Executives (ONE)
- West Valley Human Services Alliance
- West Valley Police Chiefs Association



healthy futures



MesaPreventionAlliance.org

Mesa Prevention Alliance

The Alliance aims to strengthen collaboration throughout the city to reduce youth substance use. The strategic plan of the Alliance focuses on decreasing social access to alcohol, adult favorable attitudes to underage drinking, youth norms and attitudes that encourage underage drinking. *In FY 11/12, the Alliance provided 487 direct service programs to 5,620 youth and 2,511 adults living in the City of Mesa.*

Alliance Initiatives in FY 11/12:

"Protect. Don't Provide."

- The Safe Home Pledge**
 A local network of adults, organizations and local businesses pledging to provide a safe environment for youth. *A total of 696 pledges collected in FY 11/12.*
- Shoulder Tapping Project**
 Mesa Police Department and youth educating adults on the legal consequences of providing alcohol to minors. *271 adults "tapped" through education in FY 11/12.*
- Sticker Shock**
 Youth leaders apply stickers to beverage refrigerators, at local stores, alerting adults not to provide alcohol to minors. *129 stickers were placed in convenience stores throughout Mesa in FY 11/12.*
- Public Information & Social Marketing**
 Providing education and raising public awareness to adults on substance abuse issues among youth. *Ad campaigns in movie theatres & electronic/print media reached 1,391,515 individuals in Mesa in FY 11/12.*

Youth Peer Leadership & Above the Influence

Youth leaders reduce youth substance abuse within their community by playing an active role in reducing adult attitudes favorable to underage drinking, advocating for the increase enforcement of liquor laws and helping reduce youth norms and attitudes that encourage underage drinking and other drug use. *In FY 11/12, the Alliance registered and trained 24 youth leaders who provided 1,130 hours of volunteer time in their community.*

Above the Influence is a popular and proven-effective campaign designed by the Office of National Drug Control Policy (ONDCP) and uses mainstream media, social marketing and the use of artistic expression to help teens express how and why they live 'Above the Influence'. *In FY 11/12, over 700 youth participated in the annual 4/20/12 "I Live Above the Influence" events at Skateland and Red Mountain Community Center. Over 800 "Tag It" signs were collected in FY 11/12.*



Left to Right: City of Mesa Mayor, Scott Smith & Maricopa County Attorney, Bill Montgomery; Mesa Youth Peer Leaders; Alliance Chair, Robert Scantlebury & Co-Chair, Laureen Pugh.

Training & Community Education

CBI's Prevention team provides community-based prevention programs that promote healthy lifestyles to youth, families, and community members. Our staff serving Maricopa, Navajo and Apache Counties focus on community development activities and educational workshops for parents, teachers, law enforcement, the faith community and the community at large. Our dynamic programs elevate awareness about local substance abuse trends, signs and symptoms of abuse and local resource information. *In FY 11/12, CBI provided 167 training workshops and community development activities to 9,965 (3,199 youth and 6,766 adults) participants.*

Family Support & Education

The Circle of Hope provides parenting education and support for hundreds of families living in homeless and transitional shelter at the Vista Colina Family Shelter (a program of CASS) and UMOM. Circle of Hope offers a research-based, nationally recognized SAMHSA model program called Guiding Good Choices. *In FY 11/12, 78 workshops and 6 family events were provided for 334 youth and adult participants.*

Youth Diversion

The **Next Step** program is a 6-week education and diversion program for youth and families, designed to offer a school-based alternative to suspension. The program is offered to students and their parents who are temporarily suspended from school for involvement with alcohol or other drugs. *In FY 11/12, 144 individual sessions (30 cycles of programming) were offered to 268 (122 youth and 146 adults) participants referred by the Tempe Union High School District.*

Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students) is designed to prevent and reduce substance use among students 12 to 18 years of age. CBI is a sub-contracted provider with Mesa Public Schools to provide: an eight-session alcohol, tobacco, and other drug education series, support groups, school-wide educational activities and parent education on campus. *In FY 11/12, 149 sessions were provided to 225 teens and 168 adults attending Success Schools in Mesa.*

East Valley Synthetic Drugs Task Force (EVSDTF)

The Alliance has taken the lead on convening local coalitions, law enforcement officials and community stakeholders to address the constantly-evolving synthetic drug epidemic impacting our communities. The task force began meeting monthly in May, 2011 to monitor emerging trends, public awareness efforts, enforcement and legislation. EVSDTF members are making it a priority, in FY 12/13, to work collaboratively to eliminate synthetic drugs; preventing their sales, use and health hazards.

healthy lifestyles

CBI's Prevention & Community Education Programs provided services to 20,229 youth and adults in FY11/12.



strong families

Center for Hope began serving the community in January, 2005 to support women who found themselves homeless, pregnant and in need of long-term integrated behavioral health, housing and medical services. Since that time, more than 170 healthy, drug-free babies have been born to women in the residential program and countless others have become thriving members of the community.



Center for Hope Residential in Mesa

A Full Continuum of Programs for Women, Children & Families

Center for Hope Residential

The residential program serves homeless pregnant and parenting women with substance abuse and behavioral health conditions from throughout Maricopa County. These women also typically have no income, an inconsistent work history, minimal job skills, often have involvement with probation or Child Protective Services and other children not in their care.

Services designed to help women move from homelessness to stable housing and employment include: transitional housing, substance abuse/behavioral health treatment, trauma therapy, health and wellness education, prenatal care, child birth education and support, relapse prevention, life skills training, parenting education, developmental services for infants and toddlers, parent/child interaction play therapy and employment preparation services. Family members can participate in family team meetings, individual and group family therapy, parenting education and developmental services for all of the women's dependent children whether residing on or off campus.

Women, their newborn infants and one child under age six, live on the 24-unit residential campus located in Mesa. The campus includes three residential cottages, spaces for behavioral health services, a child development center, outdoor play spaces, a family visitation room and a large multipurpose room for community activities and events.

In 2012, 52 families, including 28 children, received residential program services and 18 drug-free babies were born. Eighty-five percent of the 34 families that left in 2012 transitioned to permanent housing.

ASPIRE Outpatient

ASPIRE outpatient treatment program serves women with substance abuse issues and their families. Outpatient services include: individual and group substance abuse counseling, trauma therapy, in-home visits, peer-to-peer support, transportation and childcare to encourage participation. Families also participate in support groups.

In FY 11/12, ASPIRE served 93 families including 135 children.

Center for Hope Permanent Supportive Housing

Some families in our programs do not yet have the skills or adequate incomes to maintain safe, stable housing in the community without additional support. To address this need, Center for Hope developed and operates its own residential properties (3 four-plex apartment complexes), and obtained federally funded supportive housing leases to continue strengthening families who have successfully completed the residential program or who are receiving services through ASPIRE.

In FY 11/12, 31 families (including 45 children) resided in permanent supportive housing operated by CFH. Seventy-two percent of these families were employed with supportive services offered by our staff. An additional 6% of the families were enrolled in higher education or vocational training to develop job skills and 6% of residents were receiving disability benefits. The remaining 16% of families had resided in permanent housing for less than 6 months and were actively seeking employment.



CENTER FOR HOPE



Giving Opportunities

With your continued support, CFH can help women and their families end their homelessness, give birth to healthy, drug-free babies and build stable family lives for their children.

Our Mission

Center for Hope builds sustainable recovery and strong families capable of thriving in their personal lives and communities.

agency initiatives

CBI continues to meet medical necessity by expanding our fully integrated medical and behavioral health care which, during the past four years, has transformed recovery of those we serve holistically and more effectively by delivering direct physician and nurse practitioner services, both on-site in Maricopa County, and through telemed to each of our service locations throughout Arizona.



Recovery Through Whole Health

CBI's evolution as an integrated physical and behavioral health provider began in 1993 with the establishment of a small 16-bed medical detoxification program that embraced the idea that physical and behavioral health problems often occur at the same time and, in fact, need to be treated in a holistic manner. Integrating these services to treat both simultaneously, yields the best results and produces the most acceptable and effective medical protocols and behavioral health practices effectively for those we serve.

Telemedicine Technologies

CBI is improving access to specialized integrated medical and behavioral health care throughout the State of Arizona through the use of telemedicine technologies through real-time video conferencing with our medical and behavioral health staff.

Permanent Supportive Housing

Permanent Supportive Housing continues to be a top priority for CBI. We have three CBI owned four-plex apartment units for families transitioning from Center for Hope and 121 rental assistance units throughout the Valley for women. CBI continues to expand our outreach efforts connecting those in need to housing with an additional 82 single person units in partnership with Central Arizona Shelter Services (CASS).

Peer Training Program



The CBI Peer Support Certification Program consists of 100 hours of classroom training evaluated by a final written test and demonstrated skills. Our Peer Support Specialists are the largest and most respected peer entity in AZ and we have "Certified" more than 300 staff through intensive training and supervision to perform these critical services. CBI is proud to be a NAADAC approved education provider.



Home, Health, Hope

A key piece to effective treatment for persons who are homeless is housing. Safe and stable housing is the centerpiece of a comprehensive, integrated and seamless approach to prevention, treatment and ongoing recovery. Through our special focus efforts, with Project H3 and Project H3 VETS, our 85th Veteran was successfully placed into housing with the support of our Peer Navigators. Through these more recent projects and our long established partnership with other housing providers, we are reaching new milestones in collaborative efforts to end homelessness.

The initial goal was to house 75 of the most vulnerable and chronic homeless veterans and to have wrap around services provided by CBI Peer Support who themselves were veterans with a history of substance abuse, mental health issues and/or homelessness. H3 Vet Navigators provided wraparound supportive services to 53 war time and peace time Veterans.

By February 2012, the program became so successful with housing and positive outcomes from wraparound support, additional funding was located by the Arizona Coalition to End Homelessness, Department of Economic Security, HOM Inc. and Arizona Department of Veteran Affairs to increase that goal from 75 to 200 Veterans.

Navigating the Way from Despair to Hope

Peer Support Services

Facility-Based

- Crisis Peer Support
- Detox Continuing Care Support
- Outpatient Peer Support
- Access Point Navigators

Community-Based

- Access to Care Peer Support
- H3 Navigators
- H3 Vet Navigators
- Supportive Housing Peer Support
- Native American Navigators

Crisis Response & Outreach

- Community Outreach & Support
- Crisis Navigators
- Blueprints to Life Peer Support

Blueprints to Life Program

Blueprints to Life is a Substance Abuse and Mental Health Services Administration-funded (SAMHSA) program that is a unique collaboration between CBI, Central Arizona Shelter Services (CASS) and the Phoenix Police Department. Blueprints to Life is based on the theory that utilizing peer-to-peer services will increase the credibility and availability of existing resources within the greater community. *In FY 11/12, staff reached out to over 2,500 men and women on the streets.*



CBI Certified Peer Support Staff & Navigators

Partnerships

- Arizona Coalition to End Homelessness
- Valley of the Sun United Way—
Project Homeless Connect
- Law Enforcement & Emergency Responders:
Phoenix, Avondale, Glendale, Tolleson, Mesa,
Peoria, Scottsdale, Tempe, Globe, Payson,
Winslow, Holbrook & Yuma
- HOM, Inc.
- Crisis Intervention Training (CIT)
- Central Arizona Shelter Services (CASS)
- Lodestar Day Resource Center (LDRC)
- ABC Housing
- Veterans Administration
- Arizona Department of Veterans Affairs
- Healthcare for the Homeless
- Department of Economic Security
- City of Phoenix Prosecutor's Office
- Veteran's Homeless Court

*restoring
hope*

CBI Peer Support Staff are dedicated to on-site support for all of our clinical programs and have an enormous impact in the community. Statewide, we employ over 300 peers who support individuals throughout CBI's system of care and assist our partner organizations.



integrated crisis care

CBI's system of care offers a “no wrong door” philosophy and an integrated behavioral health and medical care approach to stabilize, identify, triage and manage the needs of our clients. CBI promotes a service delivery system that is efficient, effective and integrated while promoting a smooth interface between the treatment of substance abuse, mental health, medicine, psychiatry and other behavioral and medical services.



East Valley Access Point & Transition Point Facility in Mesa

Access to Care (ATC)

Access to Care (ATC) is the dedicated phone line for all CBI services throughout the State of Arizona which is operated 24/7/365 by Peer Support Specialists, Registered Nurses and on-call Physicians. Not to be confused with a crisis line, the ATC serves as a warm line to provide referrals, schedule appointments, provide after-hour support, follow-up calls, provide support in the field to our EMT's, dispatch transports for police, fire and hospitals and triage cases with emergency room nurses. *In FY 11/12, ATC averaged 668 calls per day.*

Access Point

CBI Access Point facilities are located in Avondale and Mesa. These facilities operate as 24/7/365 outpatient programs which provide drop-in appointments for the general public, police, fire, hospital emergency rooms, urgent psychiatric centers, behavioral health providers and other medical professionals to assist individuals who are in need of psychiatric or substance use services not requiring the care of a Level I Sub-Acute.

Our facilities are staffed with EMT's, LPN's, RN's, Peer Support and Behavioral Health Professionals who provide immediate assessment, stabilization and triage services in coordination with an on-duty Medical Practitioner on-site or via telemedicine. Each facility has a dedicated medical unit which can provide immediate medication services for a psychiatric condition, the onset of substance withdrawal and/or basic medical assistance. *In FY 11/12, there were 5,573 adult admissions for services. Our Mesa location opened on March 15th, 2012.*

Transition Point

Also located in Avondale and Mesa, Transition Point operates as a residential program for individuals who have been identified by our Medical Practitioners at Access Point as needing a “bridge residential” stay (2-3 days) for the purposes of further assessment, placement and/or medication stabilization services. The facility is staffed with Peer Support, Nurses and Behavioral Health Professionals. Admissions are done 24/7/365 based on medical necessity criteria. Medical practitioners work with each patient on a comprehensive discharge plan that will meet their needs once returning to the community. *In FY 11/12, there were 1,933 adult admissions for services.*

CBI diverted over 3,500 individuals out of hospital emergency rooms, while an additional 2,900 cases were diverted by emergency responders. This level of care is saving our communities millions of dollars in costs and creating additional capacity in our hospitals by freeing up bed space and decreasing wait times.



West Valley Access Point & Transition Point Facility in Avondale

Crisis Stabilization

CBI's East Valley, Central City and Arizona Bridge to Recovery (ABR) locations provide emergency crisis intervention that can last up to a 23-hour period. This service provides relief for hospital emergency rooms and emergency psychiatric centers when an individual's primary issue is related to substances. Individuals receive a brief assessment which, utilizes the first three dimensions of the American Society of Addiction Medicine (ASAM) to ensure that they are immediately transitioned to the next appropriate level of care.

Services Available:

- Evaluation, Stabilization and Triage
- Evaluation for Inpatient Medical Detoxification Admission
- Urgent Psychiatric Assessment
- History and Physical for Ambulatory Detoxification
- Medical and/or Psychiatric Bridge Scripting
- Peer Support
- Referral and Placement

In FY 11/12, there were 28,557 admissions to our 23-hour crisis service at Arizona Bridge to Recovery (ABR), Central City Addiction Recovery Center (CCARC) and East Valley Addiction Recovery Center (EVARC) with a completion rate of 87%.

Inpatient Medical Detoxification

CBI Inpatient Medical Detoxification programs located at our East Valley, Central City and Arizona Bridge to Recovery facilities and utilize a physician-directed protocol (generally 3 to 5 days) designed to prevent the loss of life that can occur when individuals attempt to withdraw from alcohol or drugs. CBI physicians use medical procedures and protocols nationally recognized as "Best Practice" approaches for medical detoxification. These medical protocols are directed by licensed medical practitioners and supported by our clinical team of registered nurses, medical technicians, peer support specialists and transition coordinators.

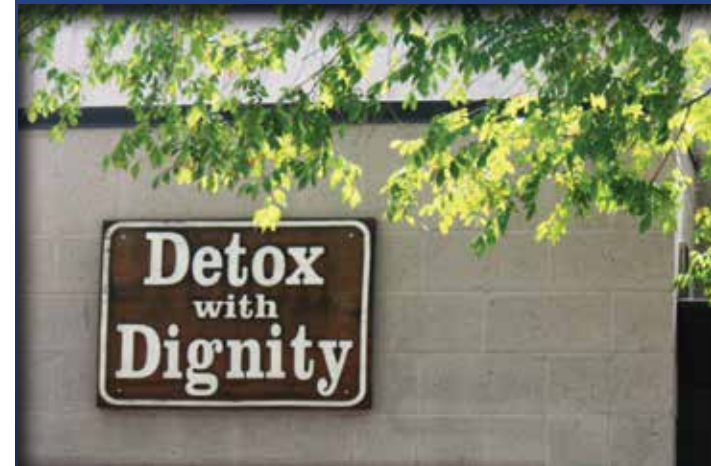
Services Available:

- Inpatient Medical Detoxification
- Urgent Psychiatric Assessment
- Transition to Outpatient Suboxone Taper for Opiate Detoxification
- Transition to Outpatient Taper for Benzodiazepine Detoxification
- Medical and/or Psychiatric Bridge Scripting
- Peer Support
- Referral and Placement

In FY 11/12, there were 3,744 admissions for medical detoxification services at Arizona Bridge to Recovery (ABR), Central City Addiction Recovery Center (CCARC) and East Valley Addiction Recovery Center (EVARC) with a completion rate of 88%.

*always with
dignity*

CBI Inpatient Medical Detoxification programs insists on a standard of "Detox with Dignity" to reclaim lives, save families, and return productive citizens to the community. Our programs are fully integrated (medical, psychiatric and substance abuse) and designed ensure that patients are clinically triaged, safely detoxified, referred into an existing therapeutic continuum of care.



East Valley Addiction Recovery Center in Mesa

rural systems of care

CBI's Rural Level IV Stabilization and Recovery Units (SRU) are located in Payson, Globe, Winslow, Holbrook, Benson and Casa Grande. These licensed facilities are funded by Cenpatco Behavioral Health and NARBHA.



Rural Stabilization and Recovery Units (SRU)

The primary function of these facilities are to provide crisis intervention, triage, stabilization & short-term recovery services (three to five days) to individuals who present having had used a mind altering substance within the last 7 days.

Services Available:

- Transition to Outpatient Suboxone Taper for Opiate Detoxification
- Transition to Outpatient Taper for Benzodiazepine Detoxification
- Psychiatric Urgent Assessment
- Addiction Medicine Assessment
- Medical and/or Psychiatric Bridge Scripting via telemedicine
- Peer Support
- Referral and Placement

In FY 11/12, 5,675 men and women were served at our 6 facilities in Navajo, Gila and Pinal Counties. CBI provided 10,800 bed days with a completion rate of 88%.

Residential Programs

CBI operates two residential programs, located at the Yuma Lighthouse and Benson Desert Sunrise facilities. Services generally last from 14-60 days based on on-going assessment of the needs of the participant. Our residential programs are fully integrated (medical, psychiatric and substance abuse), designed to ensure that patients are appropriately assessed, engaged in therapeutic programming and provided a safe environment for the development and practice of healthy coping skills.

The Yuma Lighthouse can serve up to 24 individuals and Benson Desert Sunrise has the capacity to serve 12 adults at any given time. The Level II Residential Programs utilize several evidence-based practices in addressing substance and mental health issues to maximize the success potential of each participant in achieving long-term recovery.

Services Available:

- Group, Individual and Family Therapy
- Life Skills & Relapse Prevention Groups
- Ambulatory Detoxification
- Addiction Medication
- Urgent Psychiatric Assessment
- Transition to Outpatient Medicated Assisted Treatment (MAT)
- Medical and/or Psychiatric Bridge Scripting
- Peer Support
- Referral and Placement
- Comprehensive Discharge Planning

In FY 11/12, our clinical staff provided services to 368 men and women. The average length of stay was approximately 26 days with an 84% completion rate.

*Top photo: SRU and Outpatient Facility in Casa Grande
Bottom photo: Lighthouse Facility in Yuma*

Outpatient Services

By combining medical and behavioral interventions to address presenting psychiatric and substance abuse needs, each participant is provided with the opportunity to comprehensively explore his/her unique treatment needs and develop a plan to achieve his/her short and long-term recovery goals.

Each treatment modality offered to participants is delivered utilizing evidence-based practices and protocols, under the direction of licensed medical practitioners, clinical administrators and supported by masters level clinicians, medical support staff and peer support specialists.

Services available in Mesa, Phoenix, Gilbert, Casa Grande, Winslow, Globe, and Payson:

- Group, Individual and Family Therapy
- Ambulatory Detoxification
- Addiction Medication
- Psychiatric Evaluation and Medication Management
- Peer Support
- Referral and Placement
- Comprehensive Discharge Planning

In FY 11/12, CBI's Outpatient Service Centers throughout the State served 1,800 adults with a completion rate of 78%.

Unscript Program



In 2012, CBI launched Unscript. This program is designed to meet the needs of increasing numbers of men and women seeking help to eliminate their unintentional dependence on prescription medications.

To get "unscripted" from an unintentional dependency on prescription medications like opiates and benzodiazepines requires an integrated, medical team to properly diagnose and implement a medical intervention.

Services available in Mesa, N. Phoenix and Avondale:

- Outpatient Opiate Detoxification
- Outpatient Benzodiazepine Detoxification
- Evaluation and Integrated Medical Treatment provided by Addictionologists and Medical Staff
- Counseling and Psychosocial Support
- Medication Assisted Treatment

Unscript offers medical evaluation, medical detoxification, education, counseling and ongoing medical supervision and coordination of outpatient care. Our medical staff are highly trained in treating physical dependency and offer the proper combination of care, education and ongoing support to effectively break the chain of dependency.

outpatient services

CBI's Outpatient Service Centers house fully integrated (medical, psychiatric, and substance abuse) treatment programs designed to provide on-going assessment and subsequent matching, based on medical necessity criteria, to evidence based interventions in order to maximize the potential for each participant to achieve his/her treatment goals and sustained recovery.



CommunityBridgesAZ.org
877.931.9142